Observational study of the suspected or confirmed cases of sars COV-2 infection needing emergency surgical intervention during the first months of the pandemic in a third level hospital: Case series

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ABSTRACT

Approximately 28, 404, 603 surgical events have been suspended in the 12 peak weeks of the COVID-19 pandemic. The aim of this study was to report all the surgically intervened patients with suspected or confirmed SARS CoV-2 infection from April 1 to July 31, 2020, and to estimate their prognosis in the Surgical Therapy Department of a third level hospital in Mexico.

Method: We conducted an observational study of patients undergoing surgical intervention in the operating room assigned as COVID, where we considered age, sex, treating department, type of intervention, and initial bio-markers (first five days of hospitalization), days of hospital stay, days in the Intensive Care Unit and reason for discharge.

Results: 42 patients have been surgically intervened, with a total of 49 surgeries. For Otolaringology and General Surgery, there were more deceased cases than alive cases; while for Thoracic Surgery, and Obstetrics and Gynecology, there were more alive cases than deceased ones (36% and 0% deceased, respectively), with statistically significant differences (\( p = 0.014 \)). With regard to mortality for each group of surgical procedure, patients who underwent C-section or pleurostomy had a mortality rate of 0%; the mortality rate for patients who underwent tracheostomy was 52%; patients who underwent laparotomy had a mortality rate of 54%; for those who underwent debridement, the mortality rate was 100%; which show significant differences, with a \( p \) value of 0.03.

Discussion: we identified an overall mortality rate of 42.8%, with a significant difference between treating departments and type of surgical procedure. This can be explained because many of the General Surgery patients, in addition to their infectious process by COVID-19, had another complication, like sepsis. In the same way, we can say that pregnant patients are healthy and have a physiological condition. Finally, patients undergoing an open tracheostomy had solely pulmonary complications.

Conclusion: There is no doubt that we face an unknown condition for which we have been learning tests along the way. This sample of cases undergoing surgery at the beginning of the COVID-19 pandemic can provide clues on relevant results that we must consider for future cases.

1. Introduction

The COVID-19 pandemic has taken many lives because of its high level of contagiousness, with an estimated global mortality rate of approximately 5.8%. About seven months since the beginning of the pandemic, we have reached 10 million of affected people in more than...
200 countries, with more than half a million deaths. Since March 11, 2020, when Dr. Tedros Adhanom Ghebreyesus, Director-General of the World Health Organization, declared it as a pandemic, it adds to the most important epidemics of the century, like the Spanish flu (1918–1919), the Asian flu (1957–1958), Hong-Kong flu (1968–1969), SARS (2002–2003), the avian flu (2009–2010) and MERS (2012) [1].

SARS-CoV-2 infection has proven to be difficult to diagnose and to treat because it can be asymptomatic, can have a florid respiratory presentation, or have gastrointestinal, cutaneous, and ophthalmic manifestations, among others. No laboratory or imaging study has enough precision to make an accurate diagnosis, neither there is a treatment with considerable success, so we have used reverse transcription polymerase chain reaction (RT-PCR) of SARS-CoV-2, going through IgM/IgG serum antibodies, plain X-rays, computed tomography, and dozens of reported medications. Therefore, it is a difficult pandemic to control with so many pathological conditions around the world [2].

In Mexico, the first four cases of COVID-19 infection were reported at the end of February, cases that have been increasing exponentially, with 1211 new cases in March, 18,009 in April, 71,440 in May, and 135,425 in June. There has been a similar curve in hospital admissions with six new cases in March, 219 in April, 413 in May, and 322 in June 2020.

Regarding the impact of the pandemic on elective surgeries, the members of COVIDSurg Collaborative [3] conducted a study that included 71 countries, study that estimated that approximately 28,404, members of COVIDSurg Collaborative [3] conducted a study that new cases in March, 219 in April, 413 in May, and 322 in June 2020. There has been a similar curve in hospital admissions with six new cases in March, 219 in April, 413 in May, and 322 in June 2020.

To assess the severity of each case, we considered 2 factor clusters:

(A) Clinical factors: days of stay in the ICU; days of hospital stay; and discharge status, as improvement or death.

(B) Para-clinical factors or biomarkers: ferritin, D-dimer, total leukocyte count, total lymphocyte count, lymphocyte percentage, platelets, lactate dehydrogenase, fibrinogen, and procalcitonin.

Thirty-three cases needed treatment in the Intensive Care Unit (ICU) (78.5%), mean ICU length of stay was 20.8 days (min. 0, max. 69). Female patients had a mean length of hospital stay of 23.6 days; and for males, it was 41.7 days, a statistically significant difference (p = 0.008). Mean ICU stay was 13.2 days for female patients, and 27.1 days for male patients, a difference deemed statistically significant (p = 0.007).

Prognostic markers were determined depending on the sex of the patient. Upon classifying the sample by sex and comparing the differences for the values of the different examined biomarkers, we found a statistically significant difference for ferritin values, with much greater values for men than for women (p = 0.002), the other parameters were not significant (Table 2).

There were no differences in biomarker values between patients younger than 59 years old compared with patients 60 years and older. Regarding biomarker values found on patients with a positive or negative result for SARS-CoV-2 (PCR), we found a higher number of leukocytes for cases with a positive result compared to those with a negative test (p = 0.03), and a higher mean value for fibrinogen for cases with a positive test than for those with a negative one (p = 0.04). There were no differences in the comparison of other biomarker values. In relation to biomarker mean values for deceased or alive patients, there were no differences between groups.

When comparing mortality per treating department, we observed that, for Otolaryngology and General Surgery, there were more deceased cases than alive cases (100% and 61% deceased, respectively); while for Thoracic Surgery, and Obstetrics and Gynecology, there were more alive cases than deceased ones (36% and 0% deceased, respectively), with statistically significant differences (p = 0.014) (Table 3).

With regard to mortality for each group of surgical procedure, patients who underwent C-section or pleurostomy had a mortality rate of 0%; the mortality rate for patients who underwent tracheostomy was 52%; patients who underwent laparotomy had a mortality rate of 54%; for those who underwent debridement, the mortality rate was 100%; which show significant differences, with a p value of 0.03 (Table 4).
During the preoperative period infection by SARS-CoV-2 was found in 26.1% of the patients, with a 30-day mortality rate of 23.8% and pulmonary complications in 51.2% of the patients. They identified several factors for bad prognosis: male gender, age >70 years, an American Society of Anesthesiologists (ASA) score of 3–5, malignant pathology, major surgery, and emergency surgery. Their recommendation was to postpone non-emergency surgery and to promote non-surgical treatments.

Before the publication of this article, Vivek N. Prachand et al. [6] established a scoring system to define the need for surgery of patients with suspected or confirmed SARS-CoV-2 infection. Multiple reports have demonstrated a significant increase in morbidity and mortality in patients infected by SARS-CoV-2 undergoing any surgical procedure. Among these, the most relevant study with the highest amount of patients is the one published by COVIDSurg Collaborative [5], that included 1128 patients (835 urgent procedures, 280 elective procedures, and 13 not reported) in 235 hospitals from 24 countries. During the preoperative period infection by SARS-CoV-2 was found in 26.1% of the patients, with a 30-day mortality rate of 23.8% and pulmonary complications in 51.2% of the patients. They identified several factors for bad prognosis: male gender, age >70 years, an American Society of Anesthesiologists (ASA) score of 3–5, malignant pathology, major surgery, and emergency surgery. Their recommendation was to postpone non-emergency surgery and to promote non-surgical treatments.

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during the pandemic, known as Medically Necessary, Time-Sensitive Procedures (MeNTS), in which they considered patient factors, as well as procedure and illness factors. They agree with the COVIDSurg Collaborative [5] recommendation to avoid non-urgent major surgery, prolonged surgical procedures, surgery that requires postsurgical intensive care or multiple days of hospital stay, patients with multiple comorbidities and who can be managed by conservative treatment.

In our sample of suspicious or confirmed cases of COVID-19 undergoing surgery, we identified an overall mortality rate of 42.8%, with a significant difference between treating departments and type of surgical procedure. This can be explained because many of the General Surgery patients, in addition to their infectious process by COVID-19, had another complication, like sepsis, which could have complicated their general state and lung function. In the same way, we can say that pregnant patients are healthy and have a physiological condition (pregnancy), besides being female and younger than 40 years, conditions to consider as good prognosis indicators. Finally, patients undergoing an open tracheostomy had solely pulmonary complications, compared to abdominal pathologies related to exploratory laparotomies.

It’s already known that early tracheostomy in intubated patients with mechanical ventilatory support is associated with a lower incidence of ventilator-related pneumonia, time on mechanical ventilatory support, sedation time and ICU length of stay [7]. There are multiple clinical guides and published papers about the technique, personal protection equipment and general recommendations for tracheostomy, as it is considered a high risk procedure for infection because of the aerosols it
There are multiple systematic reviews and meta-analyses regarding pregnant patients infected with SARS-CoV-2; the largest of them included 324 women, which reported four spontaneous abortions, most resolved by C-section, seven maternal deaths, four intrauterine fetal deaths, and two neonatal deaths. Currently, there is no direct evidence resolved by C-section, seven maternal deaths, four intrauterine fetal deaths, and two neonatal deaths. Since the beginning of COVID-19 epidemic in China, investigators have been trying to identify prognostic markers to define the severity of the disease from the beginning of the clinical picture. Many studies, systematic reviews and meta-analyses about laboratory tests have been published for this purpose [14–18]. Practically all of them agree that lymphopenia is one of the cardinal laboratory results at presentation and for prognosis in presence of SARS-CoV-2 infection. Furthermore, they explain the importance of thrombocytopenia, hypoaalbuminemia, of the increase in ferritin, D-dimer, procalcitonin, C-reactive protein, troponin I, interleukin 6, and lactate dehydrogenase, among others. Our results show that male gender carries worse prognosis than female gender, and we did not find significant differences in specific biomarkers, age, or even hospital and intensive care lengths of stay.

5. Conclusions

There is no doubt that we face an unknown condition for which we have been learning about its clinical manifestations, laboratory and radiologic tests along the way. Indeed, it has been decided to reduce elective surgical treatment, we have also observed that patients undergoing emergency surgery with suspicion or confirmation of SARS-CoV-2 infection have significant mortality depending on the performed surgical procedure, without relevant findings regarding biomarkers. This sample of cases undergoing surgery at the beginning of the COVID-19 pandemic can provide clues on relevant results that we must consider for future cases.

Ethical approval

No need for ethical approval due to the observational study.

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Author contribution


Registration of research studies

1 Name of the Registry: Registry Registry
2 Unique Identifying number or registration ID: researchregistry5993
3 Hyperlink to your specific registration: https://www.researchregistry.com/browse-the-registry#home/registrationdetails/5f5655f2bd9ea5001533b805/

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Declaration of competing interest

There is no Conflict of Interest by any of the authors.
Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.jamsu.2020.10.038.

References


